

Curriculum Vitae Johannes F. Regente

Work Address: Department of sleep medicine
Research group: Sleep Research & Clinical
Chronobiology, Institute of Physiology,
Charité – Universitätsmedizin Berlin
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Educational and occupational career:

09.1992 - 06.2005: Primary and secondary school in Bremerhaven.
Grades 6 to 10 within a bilingual school project.
Grades 11 to 13 within a scientific cooperation project
with the Alfred-Wegener-Institut for Polar- and Marine
Research.

09.2005 - 05.2006 Social service in a school for mentally and physically
disabled children.

10.2006 – 12.2012 Medical studies at the Charité Universitätsmedizin Berlin.
1st State Examina July/August 2008; Mark: Good.
WS 2008/09 – WS 2009/2010 Student Physiology Tutor.
SS 2010 – SS 2011 Assessment Center Charité:
Organizer and member of a committee to develop written
examina questions.
08/2011 – 07/2012 Clinical year:
-Elective course Psychiatry Charité Campus Mitte
2nd State Examina October/December 2012; Mark: very
good.

09.2013 – present Scientific assistant at the AG Schlaf & Klinische
Chronobiologie (Sleep & clinical chronobiology) Charité of
Mr. Dr. D. Kunz in Berlin.
Organization, practical examination and interpretation of
the study: “The influence of different light-situations on
performance, sleep and mood during isolated night-
shifts“.

Memberships: DGSM – German society for sleep medicine

Berlin, 30th of January 2014